

Chemical Characterisation of Unrefined Rock Salt Deposits of Pakistan

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Abstract. Different salt samples from mining sites of Bahadur Khel, Warcha and Jatta salt mines were collected during a survey to evaluate their parameters of purity like water insoluble matter, calcium, magnesium, sulphate and potassium contents. Trace elements such as iron, zinc, copper, manganese, chromium, lead and cadmium were determined by using Atomic absorption Spectrophotometer. Obtained results have shown that of all the three salt deposits, Bahadur Khel salt deposits have a low purity of 97% set by codex alimentarius commission. Trace element contents of all the salt deposits were within the legal limits of human consumption and RDA specification.

Keywords: atomic absorption spectroscopy, rock salt, moisture content, trace elements

Introduction

Rock salt comprising of mainly sodium chloride is the essential part of human diet being a food additive, a seasoning and flavouring agent (Cheraghali *et al.*, 2010). In small quantities, it is inevitable to plants and animals but excess amount may lead to serious health problems (Morris *et al.*, 2008). NaCl provides two major ions, sodium (Na⁺) and chloride (Cl⁻) as well as traces of calcium (Ca⁺²) and magnesium (Mg⁺²) and traces of minerals which are essential for the proper functioning of living systems (Gong *et al.*, 1997). In addition of a flavouring and seasoning agent, salt regulates the acid alkali balance of body and serves as an electrolyte in body fluids. Also rock salt is employed as a raw material to produce calcium chloride, chlorine gas, chlorine dioxide, caustic soda and as an antifreeze during the ice cream manufacturing. Contamination of table salt even at very low level may lead to serious problems (Heshmati *et al.*, 2014). Trace elements may enter to living systems by exposure to environmental samples like water, salt and food (Scheen and Giet, 2012; Zukowska and Biziuk, 2008).

In Pakistan both the lake and rock salt deposits are present as one of the largest salt deposits in the world in Khewra, Warcha, Jatta and Bahadur Khel. (Alan *et al.*, 1975). Sea salt is found along the coastal areas of Sindh and Balochistan. Bahadur Khel salt in district Kohat is bedded salt which is spread over 12 km of length and about 1 km of width. 10.54 billion tonnes of rock salt has been estimated by Geological Survey

of Pakistan (Faruqi, 1983). Warcha salt mines are located 276 km away from south of Islamabad in district Khushab, Punjab. Total resources of Warcha salt mines are reported to be billion tonnes. Crystals of Warcha salt mines range from white to pink and mining is through the method of room and pillars. Jatta salt mines are located 217 km away from Islamabad and considered from tertiary geological horizon. Salt crystals are white, light or grey. Total salt resources are estimated to over few billion of tonnes.

Levels of trace elements in salt samples should be checked from time to time because of its frequent use in daily life. Usage of unrefined salt has been prohibited by various health agencies (Soylak *et al.*, 2008) because it has lesser purity levels. Researchers are on the way for mineral profiling of rock salt deposits of Pakistan (Alan *et al.*, 1975). During the present research, salt samples were collected from the three mining sites which include Bahadur Khel, Warcha and Jatta salt mines for their complete characterization. Purpose of this research was to evaluate their impact on public health and their utility as industrial raw material.

Materials and Methods

Collection of samples. Rock salt samples were collected from the mining sites of Warcha, Jatta and Bahadur Khel during a survey. Samples were collected about 20 cm below the mining sites and after collection they were immediately kept in the polyethylene bags to be brought into laboratory where they were crushed into 60 meshes and transformed into air tight labeled plastic

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bottles. Samples were opened in the laboratory for their analytical parameters and heavy metal content.

Sample preparation. Crushed samples (5 g of each) was dissolved in 25 mL of water. Resulting solution was then filtered. Filtrate was diluted to 100 mL to analyze further by ASTM (2002).

Sulphate content. Stock solution 40 mL was diluted to 200 mL in 400 mL beaker. Few drops of methyl orange were dissolved in it. Solution was gently heated to boiling and 10 mL of BaCl₂ solution was added slowly during stirring. Solution was digested below its boiling point for 30 min on hot plate. After heating, solution was cooled overnight. Solution was filtered using a Gooch crucible and filtrate was washed in order to ensure no chlorides. Crucible was dried for 15 min. at 110 °C followed by its ignition in Muffle furnace for 30 min. at 800 °C, and it was cooled in desiccators to weigh. Percentage of sulphate in the salt samples was determined using the following formula.

$$\text{weight \% of sulphate} = \frac{A}{B} \times 0.4115 \times 100$$

where;

A = weight in g of precipitate

B = weight in g of salt in 40 mL of stock soln.

Calcium and magnesium. Two beakers of 400 mL were taken and 10 mL of stock solution of rock salt sample was poured in them. One beaker was for the determination of total calcium and magnesium, while one for only calcium. For calcium and magnesium, 5 mL of buffer solution 1 mL KCN solution and a sufficient amount of Eriochrome black T solution was added to a beaker. Then this solution was shifted to an other beaker. This solution was titrated against the standard solution of EDTA till the end point was blue colour.

Acid digestion of samples. Slurry was made by dissolving 5 g of each of salt sample with 10 mL HNO₃. After heating below the boiling point for 15 min, its volume was made up to 100 mL by doubly distilled water. Solution was then heated at 110 °C for 30 min in order to ensure complete digestion of samples. Solutions were cooled overnight to analyze by Atomic absorption spectrophotometer (ASS) (Hitachi Z 8000, Japan) as depicted in Table 1. Rock salt samples were undergone through analysis for their trace minerals contents of Fe, Cr, Zn, Cu, Cd, Pb and Mn by Atomic absorption spectrophotometer. Calibration curves were made diluting the commercial BDH metal standards of high purity (APHA, B3050).

Table 1. Specifications of AAS

Metals	$\lambda(\text{max})$	Flame gases	Sensitivity	Maximum lamp current
Cd	228.8	Air-acetylene	1.5	8
Cr	357.9	Nitrous oxide	4	12
Cu	324.8	Air-acetylene	4	10
Fe	248	Air-acetylene	5	30
Mn	279.5	Air-acetylene	2.5	20
Pb	283.3	Air-acetylene	20	15
Zn	213.9	Air-acetylene	1	10

Results and Discussion

Three mining sites producing the rock salt were selected on the basis of their quality to be evaluated chemically using standard methods. Parameters employed for their chemical evaluation were moisture content, water insoluble matter, calcium, magnesium and sulphate content. The results obtained of all the analytical parameters are enlisted in Table 2 (a-b) for Bahadur Khel salt mines, Table 3(a-b) for Warcha salt mines and Table 4(a-b) for Jatta salt mines.

Water insoluble matter was determined by gravimetric method; Bahadur khel salt samples relatively had higher values of 3.4 to 3.6% as compared to Warcha and Jatta salt deposits having water insoluble matter in the range of 0.37 to 1.56% and 0.69 to 2.31%, respectively. Sulphate content of all salt samples was also determined by gravimetric method, and ranges values from 2.13 to 2.23% for Bahadur Khel, 0.3 to 0.32% for Warcha and 0.19 to 0.23% for Jatta salt mine salts. Amount of calcium and magnesium was determined as calcium and magnesium and Calcium only. Magnesium was determined using the method of difference. Calcium in all Bahadur Khel salt samples were in the range of 1.43 to 1.75% for Warcha salt mines its range was 0.21 to 0.23% while for Jatta salt samples it was 0.43 to 0.52%. Magnesium range from 0.8 to 0.16%, 0.09 to 0.13% and 0.01 to 0.02% for Bahadur Khel, Warcha and Jatta salt mines, respectively. All values of above parameters were in the range set by Codex Alimentarius Commission (CAC, 2006). Only water insoluble matter in Bahadur Khel salt sample had a higher value. Water insoluble matter in previously reported data were higher than the present results (Sharif *et al.*, 2007). Present results have shown that salt from Bahadur Khel has least purity of all samples collected from the mining site (Fig. 1).

Atomic absorption analysis results of heavy metals are enlisted in Table 2(a), 3(a) and 4(a) for respective

Table 2(a) Analytical parameters of Bahadur khel salt mines

Sample	NaCl	Moisture	Ca ⁺²	Mg ⁺²	SO ₄ ⁻²	water insoluble
(%)						
1	92.02	0.12	1.75	0.16	2.15	3.5
2	93.1	0.13	1.62	0.14	2.21	3.4
3	93.2	0.14	1.44	0.13	2.23	3.4
4	93.1	0.12	1.43	0.12	2.19	3.6
5	92.8	0.11	1.47	0.11	2.2	3.4
6	92.6	0.12	1.49	0.13	2.13	3.3
7	92.3	0.12	1.73	0.8	2.23	3.4

Table 2(b) Trace elements in Bahadur khel salt mines

Sample number	Fe	Zn	Cu	Mn	Cr	Pb	Cd
(mg/kg)							
1	0.61	0.19	0.02	ND*	0.29	0.03	ND
2	0.58	0.18	0.03	ND	0.28	ND	ND
3	0.6	0.21	0.04	ND	0.31	0.1	ND
4	0.63	0.22	0.05	0.01	0.3	0.2	ND
5	0.61	0.24	0.06	0.01	0.29	0.21	ND
6	0.62	0.21	0.05	ND	0.28	0.23	ND
7	0.59	0.2	0.05	0.06	0.29	ND	ND
Detection Limit	0.02-	0.005	0.01	0.001	0.01	0.001	0.01
Codex	2				2		0.5

Table 3 (a). Analytical parameters of Warcha salt mines

Sample	NaCl	Water insoluble	Ca ⁺²	Mg ⁺²	SO ₄ ⁻²	Moisture
(%)						
1	97.5	1.56	0.2	0.1	0.31	0.11
2	98.6	0.37	0.21	0.1	0.3	0.11
3	98.2	0.77	0.22	0.09	0.29	0.12
4	98.1	0.85	0.22	0.1	0.29	0.11
5	97.9	1.02	0.22	0.12	0.3	0.13
6	97.6	1.27	0.23	0.13	0.32	0.14
7	98.6	2.3	0.22	0.12	0.29	0.1

Table 3(b). Trace elements in Warcha salt mines

Sample number	Fe	Zn	Cu	Mn	Cr	Pb	Cd
(mg/kg)							
1	0.97	0.19	0.03	ND	0.32	0.04	ND
2	0.96	0.21	0.1	0.1	0.28	0.12	ND
3	0.87	0.21	ND	0.04	0.27	ND	ND
4	0.97	0.18	0.12	ND	0.23	ND	ND
5	0.93	0.19	0.11	ND	0.35	ND	ND
6	0.94	0.21	0.12	0.2	0.33	0.12	ND
7	0.99	0.23	ND	0.17	0.32	0.13	ND
Detection limit	0.02	0.005	0.01	0.001	0.01	0.001	0.01
Codex			2		2		0.5

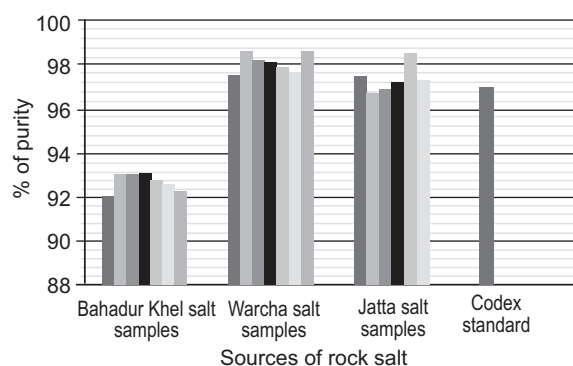
ND = not detected

Table 4(a) Analytical parameters of Jatta salt mines.

Sample	NaCl	Water insoluble	Ca ⁺²	Mg ⁺²	SO ₄ ⁻²	Moisture
(%)						
1	97.5	1.57	0.47	0.01	0.23	0.12
2	96.7	2.31	0.52	0.01	0.19	0.11
3	96.9	2.21	0.51	0.01	0.21	0.14
4	97.2	1.86	0.5	0.02	0.23	0.14
5	98.5	0.69	0.47	0.01	0.21	0.13
6	97.3	1.72	0.43	0.02	0.22	0.14

Table 4(b) Trace elements in Jatta salt mines

Sample no.	Fe	Zn	Cu	Mn	Cr	Pb	Cd
(mg/kg)							
1	1.61	0.24	0.05	0.04	0.41	0.04	ND
2	1.65	0.29	0.2	0.1	0.37	0.07	ND
3	1.58	0.25	0.21	0.05	0.41	0.08	ND
4	1.57	0.24	0.23	0.06	0.45	0.09	ND
5	1.57	0.24	0.21	0.04	0.45	0.09	ND
6	1.54	0.27	0.22	0.07	0.47	0.08	ND
7	1.47	0.26	0.23	0.12	0.41	0.7	ND
Detection Limit	0.02-	0.005	0.01	0.001	0.01	0.001	0.01
Codex			2		2		0.5

**Fig. 1.** Percent purity of NaCl samples vs their sources

resources. A slight variation of these heavy metals above or below the allowed limits can lead to serious metabolic malfunctions as both excess or deficiency of these minerals is critical for living systems (Chen *et al.*, 2011).

In addition to its role in metabolism and as catalyst, iron is important biologically being the part of various living components such as heme pigments, myoglobin etc. (Aktas and Ibar, 2005). Permissible limit for iron in human diet is 50 to 400 µg/day. All the samples had limits below this range.

Percent purity of salt samples vs their sources is depicted in Fig. 1. A slight variation of copper (Cu) in living systems can lead to serious consequences such as nephrotoxic effects (Watson, 1993). Dietary requirement for copper is 150 to 600 µg/day. Obtained results of copper were far below this limit. Manganese finds its utility being important in normal growth and normal reproductive functioning of reproductive organs.

Its deficiency is reason for diabetes, nervous abnormality and arthritis (Underwood, 1977). Codex Food Standard allows 2.0 µg/g of lead as the maximum permissible limit set by Codex Alimentarius Commission (CAC, 2006). All the obtained results in present research had values of lead far below this limit. Highest value of cadmium in our obtained results of salt samples were 0.04 mg/kg. This value is also far below the values that obtained during the studies of table salt from Egypt, Turkey Greece (Soylak *et al.*, 2008) and Iran (Khaniki *et al.*, 2007).

Conclusion

Chemical investigation of environmental samples is important to evaluate their role on public health. Bahadur khel, Warcha and Jatta salt mines had minor contribution in rock salt production but its chemical evaluation was essential as a little was known about their chemical nature. All the minerals present in these salt samples are within the limits set by standard regarding the Codex and FAO/WHO except the Bahadur khel salt mines, low moisture and sulphate contents implies that they can be good raw materials.

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